

## A gift to humanity

On January 29, at the SD No.4, the institute's psychologist M. Mukhamedova conducted a survey between 1st-4th year girl students of the HM faculty aimed at protecting women from the violence in the family. After the questionnaire, has been held a training session named "I am a gift to humanity". The training was coached by O. Umaraliev, a first-year student of LM faculty. This activity is aimed at correcting disorders in psycho-correctional activities and the emotional conditon, increasing the level of self-confidence and self-esteem of participants, overcoming internal disharmony, mental balance, understanding of others and oneself. All participants: students, educator of the SD No.4 N. Iskulova took an active part in the training, and it is gratifying that many girls have a desire to practice their coaching skills.



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