Sport is a unifying force

Today in the Republic of Uzbekistan, great attention is paid to the development of sports and the increase of international competitiveness of young athletes, the training of athletes with high physical potential and mental alertness. The second of the five important initiatives put forward by President Shavkat Mirziyoyev is aimed at creating the necessary conditions for physical training of young people, their ability to show their abilities in sports. Today, we can say without hesitation that all higher education institutions in the country have the conditions for sports. Effective use of these conditions In order to effectively organize the leisure time of students, the students of the Faculty of "Land Management" took advantage of the conditions created in the dormitory, and our students got up early in the morning and performed physical exercises. It is safe to say that this morning's workout has become a tradition for our students. We believe that these exercises are also good for their health in today's pandemic.

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