## Meeting with a Psychologist

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## At the initiative of the 4th floor girls and pedagogue A.Haitova and D. Sagdullaeva, the psychologist of the institute, psychologist M. Muhamedova held a psychological training. The training was titled "Stress and its negative emotions management".

Introducing, Building Friendships "Through the game of puzzles, airplanes and balloons, students are encouraged to boost their love for each other." The training with Psychologist M. Kamolkhonovna left the impression on the girls. Through these psychological games our students have forgotten all their worries and drowned in the childhood of indifference. None of the participants in the event was overlooked. At the end of the program, G.K.Guzkarova, a student at OMWR, and pedagogue A.Khaitova, expressed their gratitude, saying that it would be great if such roundtable talks and psychological trainings are often organized.

## Report by A.Khaitova, a pedogogue of the 2nd dormitory

R.Jumaniyozov, the press secretary of the institute