

Individual consultation

On February 11, the institute's psychologist M.K.Mukhamedova met with Munira Abdullaeva, a second-year student of OMWR, who live in the SD 2, and conducted an individual psychological consultation. Through the interview, the student's problems were identified, the necessary advice was given, motivations for self-improvement were given. Students were given activities such as "I am the sun" to improve their self-esteem, and "My good and bad qualities" to identify their good and bad qualities.



Munira was found to have a fear of speaking in public and a lack of vocabulary, to overcome these problems, Munira was offered a job as a trainer at a training camp at SD, and developed joint training program.

Information of TIIAME psychologist M.K. Mukhamedova

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