

## Mood and spirit

On April 18, 2019, a psychological training was held in the 2 nd Student Campus of the Tashkent Institute of Irrigation and Engineers of Agricultural Mechanization, in collaboration with girls - pedagogue and psychologist of the institute M. Muhammedova.

The program is named as "Improving positive emotional mood in the group and forming a collective working skills". . The training was organized in the framework of "The Untouchables", the friendships of ordinary people through simple twine, their respect for each other. The story about "Coffee" and "Excuse" training sessions Confucius "If you hate it, then win over you!"

At this training, if someone can not forgive someone, he can take the following exercise. Man closes his eyes and imagines a man who is aiming to forgive on a big, bright scene. This vision is provided through the training. Through this training, the student has come to love girls more for each other. " These training sessions with psychologist M.Muhammedova made a great impression on the girls. Through these psychological games, our students have forgotten all their troubles and drowned into the world of childhood disbelief. None of the participants in the event was overlooked. At the end of the program, A.Haitova thanked the students and educators.



The press secretary of the Institute, Rakhimboy Jumaniyazov