

## Psychological service



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Ministry of Higher and Secondary Special Education of the Republic of Uzbekistan

Implementation of the tasks set in the Decision of the President of the Republic of Uzbekistan dated July 27, 2017, No. PP-3151 In accordance with Annex No. 5 aimed at improving the quality of specialists, psychologists of higher education institutions have been established in all higher education institutions this year.

### **Psychological services introduced in higher education;**

- Psychological, psychoprophylactic work;
- Psychological, spiritual and educational work;
- Psychodiagnostic works;
- Mental development and psychocorrectional work;
- Psychological Counseling

### **Dear teachers, staff and students, if you:**

- Stress
- Long-term depression
- depression
- Chronic depression
- Difficulty in communication
- Personal psychological problems
- Problems with your reading
- Social psychological problems
- Individual psychological problems
- Psychophysiological problems that you do not understand
- If you have any troubles, please contact the service telephone numbers

All types of psychological services provided by higher education institutions are carried out collectively and individually, in accordance with social needs. The confidentiality of the information obtained during the consultation between the client and the psychologist is strongly guaranteed by the psychologist of the university.

In the higher education institution, modern and innovative methods for quality and effective provision of psychological services will be introduced, adapted to the mentality. All methodological terms of psychological service are based on the methodology of science.

Location: Corps B strategy room

Registration of students: 9:00 to 16:00



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## PSYCHOLOGICAL ACTIVITIES AND PSYCHOLOGICAL SERVICES OF THE UNIVERSITY

1. Валерий Владимирович Синельников Прививка от стресса. Как стать хозяином своей жизни
2. O'zimga omadni jalb etaman
3. Motivasiyalar
4. Omad keltiradigan 10 ta so'z